

ICMAC 2011 NOTES. FOR RULES AND UPDATES SEE www.kungfuchampionship.com.

Registration form must be filled out completely and legibly. If required information is not provided, your form will be returned.

Divisions with fewer than 5 competitors may be combined at the discretion of the promoter.

Athletes must register for all divisions at the same age & experience level. For example, if you enter Advanced hand forms, you cannot enter weapons at a lower level. If you enter Juniors, you cannot also enter Teens. **Age Jan. 1, 2011 determines your age category for all 2011 events. Adults 35 & over** divisions are **optional**; competitors 35 & over may compete in other Adult divisions.

Where 4 categories listed: Novice < 1 year of training, Beg. 1 to < 2 yrs, Int. 2-4 yrs, Adv. > 4 yrs

Where 3 categories: Beginner < 2 years, Intermediate 2-4 years, Advanced > 4 years

Where 2 categories: Beginner < 3 years, Advanced 3 years and over

Time limits: See web site for minimum/maximum times for advanced competitors.

Grand Champions: See web site for requirements. **Advanced competitors only (Traditional, Wushu, and Taiji/Internal). Competitors must check GRAND CHAMPION box on entry form.**

Traditional Northern includes Long Fist forms (such as Cha Quan, Hua Quan, Northern Shaolin Styles, Northern Eagle Claw, Mizong). **Northern Open** includes Drunken, Monkey, Ditang, and other acrobatic styles. **Northern Other** includes Baji, Piqua, Northern Praying Mantis, Fanzi, Chuo Jiao. **Southern Long Hand** includes Hung Gar, Jow Gar, Choi Li Fut, Lau Gar, etc. **Southern Short Hand** includes Five Ancestors, White Eyebrow, Dragon Style, Wing Chun, Southern Praying Mantis, etc.

For Intermediate & Advanced Divisions: Long Weapons are Staff and Spear. **Short Weapons** are Sword and Saber. **Open Weapons:** double, flexible, and all other weapons except sword, saber, staff, or spear. **Beginner Divisions:** see web site for additional information.

Traditional Weapons must sustain their own weight when placed on end (this rule will not be enforced for Kids Divisions - ages 8 & under). **Wushu Weapons** are not allowed in Traditional Weapons divisions.

Taiji 24 will be performed to completion (max. 5 minutes) and may not be performed in other Taiji divisions. **Taiji weapons** not permitted in **Other Internal Weapons** divisions. **Push Hands** competitors are limited to a single weight class.

Beginner Team Forms: 3 competitors from the same school, each performing a different form: one empty hand, one long weapon, and one short weapon are required. **Advanced Team Forms:** 4 competitors from the same school, each performing a different form: one empty hand, one long weapon, one short weapon, and one open weapon are required.

Youth sparring competitors paired by size and gender on site. **Adult Sparring, Sport Sanda, Shuai-Jiao, Grappling, and other arts:** see web site for rules and required protective equipment.