

ICMAC BAHAMAS 2010 NOTES

Athletes must register for divisions at the same experience level and age group. For example, if you enter advanced hand forms, you cannot enter weapons at a lower level. If you enter Juniors for one event, you cannot also enter Teens. **Your age on Jan. 1, 2010, determines your age category for all 2010 events.**

See www.kungfuchampionship.com for information on **ICMAC World Titles**.

Experience levels:

Beginner: less than 2 years, Intermediate: 2 to 4 years, Advanced: more than 4 years

Traditional Northern Hand Forms divisions include all Long Fist forms. **Traditional Northern Open** includes Drunken, Monkey, Ditang, and any other acrobatic style as well as Fanzi, Piqua, Chuo Jiao, etc. See Rules page of web site for further clarification.

Traditional Open Weapons divisions include any weapons except straight sword, saber, staff, or spear. **Wushu weapons** are not permitted in **Traditional Weapons** divisions.

Taiji weapons are not permitted in **Other Internal Weapons** divisions.

Reaction skills events (Adult Beginner Sanda, Continuous Sparring, Push Hands, & Chi Sao) are run on Sunday. To avoid conflicts in scheduling, competitors can enter only one type of reaction skills event. **Push Hands** competitors are limited to a single weight class.

Youth continuous sparring competitors will be paired by size on site. Weight classes may be combined on site for continuous sparring divisions, depending on the number of athletes.

Sanda (full contact San Shou-Kickboxing): See www.worldsandaleague.com and www.kungfuchampionship.com for medical requirements, waivers, and rules. Weight categories may be combined on site.

Time limits: (0.2 points will be deducted for each infraction of 5 seconds or partial increment thereof)

Traditional Forms (Advanced adults only): min. 45 seconds/max. 2 minutes

Wushu Forms (Advanced adults only): min. 1 minute/no max.

Taiji Hand Forms & Liuhe Bafa: min. 3 minutes/max. 3 minutes 30 seconds (an audible warning will be given 30 seconds prior to time limit)

Taiji Weapons: min. 2 minutes/max. 2 minutes 30 seconds

Xing Yi & Bagua Hand Forms: min. 1 minute/max. 2 minutes

Other Internal Weapons: min. 1 minute/ max. 2 minutes