

HAND FORMS	
Kids – ages 8 & under	
1	Novice boys - Traditional
2	Novice girls - Traditional
3	Novice boys - Wushu
4	Novice girls - Wushu
5	Beginner boys - Traditional
6	Beginner girls - Traditional
7	Beginner boys - Wushu
8	Beginner girls - Wushu
9	Int. boys - Traditional
10	Int. girls - Traditional
11	Int. boys - Wushu
12	Int. girls - Wushu
13	Adv. boys - Traditional
14	Adv. girls - Traditional
15	Adv. boys - Wushu
16	Adv. girls - Wushu
Juniors - ages 9-12	
17	Novice boys - Traditional
18	Novice girls - Traditional
19	Novice boys - Wushu
20	Novice girls - Wushu
21	Beginner boys - Traditional
22	Beginner girls - Traditional
23	Beginner boys - Wushu
24	Beginner girls - Wushu
25	Int. boys - Traditional
26	Int. girls - Traditional
27	Int. boys - Wushu
28	Int. girls - Wushu
29	Adv. boys - Traditional
30	Adv. girls - Traditional
31	Adv. boys - Wushu
32	Adv. girls - Wushu
Teens – ages 13-15	
33	Novice boys - Traditional
34	Novice girls - Traditional
35	Novice boys - Wushu
36	Novice girls - Wushu
37	Beginner boys - Traditional
38	Beginner girls - Traditional
39	Beginner boys - Wushu
40	Beginner girls - Wushu

HAND FORMS	
Kids – ages 8 & under	
41	Int. boys - Traditional
42	Int. girls - Traditional
43	Int. boys - Wushu
44	Int. girls - Wushu
45	Adv. boys - Traditional
46	Adv. girls - Traditional
47	Adv. boys - Wushu
48	Adv. girls - Wushu
Adults – ages 16 & over	
49	Novice men - Traditional
50	Novice women - Traditional
51	Novice men - Wushu
52	Novice women - Wushu
53	Beginner men - Traditional
54	Beginner women - Traditional
55	Beginner men - Wushu
56	Beginner women - Wushu
57	Int. men - Traditional
58	Int. women - Traditional
59	Int. men - Wushu
60	Int. women - Wushu
61	Adv. men – Northern
62	Adv. women – Northern
63	Adv. men – Northern Open
64	Adv. women – Northern Open
65	Adv. men – Southern
66	Adv. women – Southern
67	Adv. men - Wushu Chang Quan
68	Adv. women - Wushu Chang Quan
69	Adv. men - Wushu Nan Quan
70	Adv. women - Wushu Nan Quan
Adults – ages 35 & over*	
71	Beginner men
72	Beginner women
73	Advanced men
74	Advanced women

WEAPONS FORMS	
Kids – ages 8 & under	
75	Novice boys - Traditional
76	Novice girls - Traditional
77	Novice boys - Wushu
78	Novice girls - Wushu
79	Beginner boys - Traditional
80	Beginner girls - Traditional
81	Beginner boys - Wushu
82	Beginner girls - Wushu
83	Int. boys - Traditional
84	Int. girls - Traditional
85	Int. boys - Wushu
86	Int. girls - Wushu
87	Adv. boys - Traditional - Short
88	Adv. girls - Traditional - Short
89	Adv. boys - Traditional - Long
90	Adv. girls - Traditional - Long
91	Adv. boys - Wushu - Short
92	Adv. girls - Wushu - Short
93	Adv. boys - Wushu - Long
94	Adv. girls - Wushu - Long
Juniors - ages 9-12	
95	Novice boys - Traditional
96	Novice girls - Traditional
97	Novice boys - Wushu
98	Novice girls - Wushu
99	Beginner boys - Traditional
100	Beginner girls - Traditional
101	Beginner boys - Wushu
102	Beginner girls - Wushu
103	Int. boys - Traditional
104	Int. girls - Traditional
105	Int. boys - Wushu
106	Int. girls - Wushu
107	Adv. boys - Traditional - Short
108	Adv. girls - Traditional - Short
109	Adv. boys - Traditional - Long
110	Adv. girls - Traditional - Long
111	Adv. boys - Traditional - Open
112	Adv. girls - Traditional - Open
113	Adv. boys - Wushu - Short
114	Adv. girls - Wushu - Short
115	Adv. boys - Wushu - Long
116	Adv. girls - Wushu - Long
117	Adv. boys - Wushu - Open
118	Adv. girls - Wushu - Open

WEAPONS FORMS	
Teens – ages 13-15	
119	Novice boys - Traditional
120	Novice girls - Traditional
121	Novice boys - Wushu
122	Novice girls - Wushu
123	Beginner boys - Traditional
124	Beginner girls - Traditional
125	Beginner boys - Wushu
126	Beginner girls - Wushu
127	Int. boys - Traditional
128	Int. girls - Traditional
129	Int. boys - Wushu
130	Int. girls - Wushu
131	Adv. boys - Traditional - Short
132	Adv. girls - Traditional - Short
133	Adv. boys - Traditional - Long
134	Adv. girls - Traditional - Long
135	Adv. boys - Traditional - Open
136	Adv. girls - Traditional - Open
137	Adv. boys - Wushu - Short
138	Adv. girls - Wushu - Short
139	Adv. boys - Wushu - Long
140	Adv. girls - Wushu - Long
141	Adv. boys - Wushu - Open
142	Adv. girls - Wushu - Open
Adults – ages 16 & over	
143	Novice men - Traditional
144	Novice women - Traditional
145	Novice men - Wushu
146	Novice women - Wushu
147	Beginner men - Traditional
148	Beginner women - Traditional
149	Beginner men - Wushu
150	Beginner women - Wushu
151	Int. men - Traditional
152	Int. women - Traditional
153	Int. men - Wushu
154	Int. women - Wushu
155	Adv. men - Traditional - Short
156	Adv. women - Traditional - Short
157	Adv. men - Traditional - Long
158	Adv. women - Traditional - Long
159	Adv. men - Traditional - Open
160	Adv. women - Traditional - Open
161	Adv. men - Wushu - Short
162	Adv. women - Wushu - Short
163	Adv. men - Wushu - Long
164	Adv. women - Wushu - Long
165	Adv. men - Wushu - Open
166	Adv. women - Wushu - Open
Adults – ages 35 & over*	
167	Beginner men
168	Beginner women
169	Advanced men
170	Advanced women

TAIJI (TAI CHI)	
Taiji Hand Forms	
171	Beginner - Chen Style
172	Beginner - Yang Style
173	Beginner - Other Style
174	Int. - Chen Style
175	Int. - Yang Style
176	Int. - Other Style
177	Adv. men - Chen Style
178	Adv. women - Chen Style
179	Adv. men - Yang Style
Taiji 24 Form*	
180	Beginner
181	Advanced
Taiji Weapon Forms	
182	Beginner - sword
183	Beginner – other
184	Adv. men - sword
185	Adv. women – sword
186	Adv. men – other
187	Adv. women – other
OTHER INTERNAL STYLES	
Xing Yi	
188	Beginner hand form
189	Beginner weapons
190	Advanced men hand form
191	Advanced men weapons
192	Advanced women hand form
193	Advanced women weapons
Bagua	
194	Beginner hand form
195	Beginner weapons
196	Advanced men hand form
197	Advanced men weapons
198	Advanced women hand form
199	Advanced women weapons
PUSH HANDS	
Fixed Step	
200	Men < 160
201	Men 160-180
202	Men 181-200
203	Men > 200
204	Women < 130
205	Women 130-150
206	Women > 150
Restricted Step	
207	Men < 160
208	Men 160-180
209	Men 181-200
210	Men > 200
211	Women < 130
212	Women 130-150
213	Women > 150

Moving Step	
214	Men < 160
215	Men 160-180
216	Men 181-200
217	Men > 200
218	Women < 130
219	Women 130-150
220	Women > 150
YOUTH SPARRING	
Kids – ages 8 & under	
221	Beginner boys
222	Beginner girls
223	Int. boys
224	Int. girls
225	Advanced boys
226	Advanced girls
Juniors – ages 9-12	
227	Beginner boys
228	Beginner girls
229	Int. boys
230	Int. girls
231	Advanced boys
232	Advanced girls
Teens – ages 13-15	
233	Beginner boys
234	Beginner girls
235	Int. boys
236	Int. girls
237	Advanced boys
238	Advanced girls
Teens – ages 16-17	
239	Beginner boys
240	Beginner girls
241	Int. boys
242	Int. girls
243	Advanced boys
244	Advanced girls

ADULT SPARRING	
ages 18 & Over	
Beginner	
245	Men < 160
246	Men 160-180
247	Men 181-200
248	Men > 200
249	Women < 130
250	Women 130-150
251	Women > 150
Intermediate	
252	Men < 160
253	Men 160-180
254	Men 181-200
255	Men > 200
256	Women < 130
257	Women 130-150
258	Women > 150
Advanced	
259	Men < 160
260	Men 160-180
261	Men 181-200
262	Men > 200
263	Women < 130
264	Women 130-150
265	Women > 150

***See Notes on back page before completing your entry form**

SANDA (will run on Saturday)	
266	Age 15 & Over - Weight classes & skill levels determined on site at weigh-in

Experience levels:
Where 4 divisions: Novice, < 1 year of training, Beg. 1 to < 2 years, Int. 2-4 years, Adv. > 4 years
Where 3 divisions: Beginner < 2 years, Intermediate 2-4 years, Advanced > 4 years
Where 2 divisions: Beginner < 3 years, Advanced 3 or more years