

St. Petersburg Internal & Push Hands Championship

2010 DIVISION SHEET

TAIJI (TAI CHI)

Taiji Hand Forms

- 1 Beginner - Chen Style
- 2 Beginner - Yang Style
- 3 Beginner - Wu Style
- 4 Beginner - Other Style
- 5 Int. - Chen Style
- 6 Int. - Yang Style
- 7 Int. - Wu Style
- 8 Int. - Other Style
- 9 Adv. men - Chen Style
- 10 Adv. women - Chen Style
- 11 Adv. men - Yang Style
- 12 Adv. women - Yang Style
- 13 Adv. men - Wu Style
- 14 Adv. women - Wu Style
- 15 Adv. men - Other Style
- 16 Adv. women - Other Style

Taiji 24 Form

- 17 Beginner
- 18 Advanced

Taiji Weapon Forms

- 19 Beginner - sword
- 20 Beginner - other
- 21 Adv. men - sword
- 22 Adv. women - sword
- 23 Adv. men - other
- 24 Adv. women - other

OTHER INTERNAL STYLES

Xing Yi

- 25 Beginner hand form
- 26 Advanced men hand form
- 27 Advanced men weapons
- 28 Advanced women hand form
- 29 Advanced women weapons

Bagua

- 30 Beginner hand form
- 31 Advanced men hand form
- 32 Advanced men weapons
- 33 Advanced women hand form
- 34 Advanced women weapons

Baji

- 35 Beginner hand form
- 36 Advanced men hand form
- 37 Advanced men weapons
- 38 Advanced women hand form
- 39 Advanced women weapons

Liuhé Bafa

- 40 Beginner
- 41 Advanced men
- 42 Advanced women

TAIJI PUSH HANDS

Fixed Step

- 43 Men < 160
- 44 Men 160-180
- 45 Men 181-200
- 46 Men > 200
- 47 Women < 130
- 48 Women 130-150
- 49 Women > 150

Restricted Step

- 50 Men < 160
- 51 Men 160-180
- 52 Men 181-200
- 53 Men > 200
- 54 Women < 130
- 55 Women 130-150
- 56 Women > 150

Extreme Push Hands

- 57 Men < 160
- 58 Men 160-180
- 59 Men 181-200
- 60 Men > 200
- 61 Women < 130
- 62 Women 130-150
- 63 Women > 150

Athletes must register for their divisions at the same experience level.

Where 3 divisions: Beginner < 2 years, Intermediate 2-4 years, Advanced > 4 years

Where 2 divisions: Beginner < 3 years, Advanced 3 or more years

Time limits - A penalty of 0.2 points will be deducted for each infraction of 5 seconds or partial increment thereof.

Taiji & Liuhé Bafa Hand Forms: min. 3 minutes, max. 3:30

Taiji Weapons: min. 2 minutes, max. 2:30

Xing Yi & Bagua Hand Forms: min. 1 minute, max. 2 minutes

Baji min. 45 sec., max. 2 minutes

Other Internal Weapons: min. 1 minute, max. 2 minutes

Taiji 24 performed to completion (max. 5 minutes); may not be performed in other Taiji divisions.

Taiji weapons are not permitted in Other Internal Weapons divisions.

Taiji Other Style includes Sun, Guang Ping, etc.

Push Hands competitors are limited to a single weight class.