

TRADITIONAL Little Dragons (ages 4-5)
Hand Forms

101	Boys
102	Girls

Weapon Forms

103	Boys
104	Girls

Kids (ages 6-8)
Hand Forms

105	Novice Boys
106	Novice Girls
108	Beginner Boys
109	Beginner Girls
111	Intermediate Boys
112	Intermediate Girls
114	Advanced Boys
115	Advanced Girls

Weapon Forms

117	Novice Boys Long
118	Novice Girls Long
120	Novice Boys Short
121	Novice Girls Short
123	Beginner Boys Long
124	Beginner Girls Long
126	Beginner Boys Short
127	Beginner Girls Short
129	Beginner Boys Other
130	Beginner Girls Other
132	Intermediate Boys Long
133	Intermediate Girls Long
135	Intermediate Boys Short
136	Intermediate Girls Short
138	Intermediate Boys Other
139	Intermediate Girls Other
141	Advanced Boys Long
142	Advanced Girls Long
143	Advanced Boys Short
144	Advanced Girls Short
145	Advanced Boys Other
146	Advanced Girls Other

Juniors (ages 9-12)
Hand Forms

147	Novice Boys
148	Novice Girls
150	Beginner Boys
151	Beginner Girls
153	Intermediate Boys
154	Intermediate Girls
156	Intermediate Boys Open
157	Intermediate Girls Open
159	Advanced Boys
160	Advanced Girls
161	Advanced Boys Open
162	Advanced Girls Open

Weapon Forms

164	Novice Boys Long
165	Novice Girls Long
167	Novice Boys Short
168	Novice Girls Short
170	Beginner Boys Long
171	Beginner Girls Long
173	Beginner Boys Short
174	Beginner Girls Short
176	Beginner Boys Other
177	Beginner Girls Other
179	Intermediate Boys Long
180	Intermediate Girls Long
182	Intermediate Boys Short
183	Intermediate Girls Short
185	Intermediate Boys Other
186	Intermediate Girls Other
188	Advanced Boys Long
189	Advanced Girls Long
191	Advanced Boys Short
192	Advanced Girls Short
193	Advanced Boys Other
194	Advanced Girls Other

TRADITIONAL Teens (ags 13-17)
Hand Forms

200	Novice Boys
201	Novice Girls
203	Beginner Boys
204	Beginner Girls
206	Intermediate Boys
207	Intermediate Girls
209	Intermediate Boys Open
210	Intermediate Girls Open
212	Advanced Boys Northern
213	Advanced Girls Northern
214	Advanced Northern Open Boys
215	Advanced Northern Open Girls
216	Advanced Boys Southern
217	Advanced Girls Southern

Weapon Forms

218	Novice Boys Long
219	Novice Girls Long
221	Novice Boys Short
222	Novice Girls Short
224	Beginner Boys Long
225	Beginner Girls Long
227	Beginner Boys Short
228	Beginner Girls Short
230	Beginner Boys Other
231	Beginner Girls Other
233	Intermediate Boys Long
234	Intermediate Girls Long
236	Intermediate Boys Short
237	Intermediate Girls Short
239	Intermediate Boys Other
240	Intermediate Girls Other
242	Intermediate Boys Open
243	Intermediate Girls Open
245	Advanced Boys Long
246	Advanced Girls Long
247	Advanced Boys Short
248	Advanced Girls Short
249	Advanced Boys Other
250	Advanced Girls Other
251	Advanced Boys Open
252	Advanced Girls Open

Adults (ages 18-35)
Hand Forms

275	Novice Men
276	Novice Women
278	Beginner Men
279	Beginner Women
281	Intermediate Men
282	Intermediate Women
284	Intermediate Men Open
285	Intermediate Women Open
287	Advanced Northern Men
288	Advanced Northern Women
289	Advanced Northern Open Men
290	Advanced Northern Open Women
291	Advanced Southern Men
292	Advanced Southern Women

Weapon Forms

295	Novice Men Long
296	Novice Women Long
298	Novice Men Short
299	Novice Women Short
301	Beginner Men Long
302	Beginner Women Long
304	Beginner Men Short
305	Beginner Women Short
307	Beginner Men Other
308	Beginner Women Other
310	Intermediate Men Long
311	Intermediate Women Long
313	Intermediate Men Short
314	Intermediate Women Short
316	Intermediate Men Other
317	Intermediate Women Other
319	Intermediate Men Open
320	Intermediate Women Open

TRADITIONAL Adults (ages 18-35)
Hand Forms

323	Adv. Northern Men Long
324	Adv. Northern Women Long
325	Adv. Northern Men Short
326	Adv. Northern Women Short
327	Adv. Northern Men Other
328	Adv. Northern Women Other
329	Adv. Northern Men Open
330	Adv. Northern Women Open
331	Adv. Southern Men Long
332	Adv. Southern Women Long
333	Adv. Southern Men Short
334	Adv. Southern Women Short
335	Adv. Southern Men Other
336	Adv. Southern Women Other

Adults (36-45)
Hand Forms

392	Beginner Men
393	Beginner Women
398	Advanced Men
399	Advanced Women

Weapon Forms

400	Beginner Men Long
401	Beginner Women Long
403	Beginner Men Short
404	Beginner Women Short
406	Beginner Men Other
407	Beginner Women Other
409	Advanced Men Long
410	Advanced Women Long
411	Advanced Men Short
412	Advanced Women Short
413	Advanced Men Other
414	Advanced Women Other

Adults (46 & over)
Hand Forms

417	Beginner Men
418	Beginner Women
420	Advanced Men
421	Advanced Women

Weapon Forms

422	Beginner Men Long
423	Beginner Women Long
425	Beginner Men Short
426	Beginner Women Short
428	Beginner Men Other
429	Beginner Women Other
431	Advanced Men Long
432	Advanced Women Long
433	Advanced Men Short
434	Advanced Women Short
435	Advanced Men Other
436	Advanced Women Other

OPEN Divisions are for forms that contain more than one acrobatic technique

SKILL LEVELS
Where 4 levels
Novice: < 1 year of training
Beginner: 1-2 years of training
Intermediate: 2-4 years of training
Advanced: > 4 years of training
Where 3 levels
Beginner: < 2 years of training
Intermediate: 2-4 years training
Advanced: > 4 years of training
Where 2 levels
Beginner: < 3 years of training
Advanced: 3 or more years of training

TRADITIONAL Wushu Youth (ages 12 & under)
Hand Forms

440	Beginner Boys
441	Beginner Girls
443	Intermediate Boys
444	Intermediate Girls
446	Advanced Boys
447	Advanced Girls

Weapon Forms

448	Beginner Boys Long
449	Beginner Girls Long
451	Beginner Boys Short
452	Beginner Girls Short
454	Beginner Boys Other
455	Beginner Girls Other
458	Intermediate Boys Long
459	Intermediate Girls Long
461	Intermediate Boys Short
462	Intermediate Girls Short
464	Intermediate Boys Other
465	Intermediate Girls Other
467	Advanced Boys Long
468	Advanced Girls Long
469	Advanced Boys Short
470	Advanced Girls Short
471	Advanced Boys Other
472	Advanced Girls Other

WUSHU Wushu Adults (ages 18 & over)
Hand Forms

536	Beginner Men
537	Beginner Women
539	Intermediate Men Chang Quan
540	Intermediate Women Chang Quan
542	Intermediate Men Nan Quan
543	Intermediate Men Nan Quan
545	Advanced Men Chang Quan
546	Advanced Women Chang Quan
547	Advanced Men Nan Quan
548	Advanced Women Nan Quan

Weapon Forms

549	Beginner Men Long
550	Beginner Women Long
552	Beginner Men Short
553	Beginner Women Short
555	Beginner Men Other
556	Beginner Women Other
558	Intermediate Men Long
559	Intermediate Women Long
561	Intermediate Men Short
562	Intermediate Women Short
564	Intermediate Men Other
565	Intermediate Women Other
567	Advanced Men Long
568	Advanced Women Long
569	Advanced Men Short
570	Advanced Women Short
571	Advanced Men Other
572	Advanced Women Other

Wushu Teens (ages 13-17)
Hand Forms

475	Beginner Boys
476	Beginner Girls
478	Intermediate Boys Chang Quan
479	Intermediate Girls Chang Quan
481	Intermediate Boys Nan Quan
482	Intermediate Girls Nan Quan
484	Advanced Boys Chang Quan
485	Advanced Girls Chang Quan
486	Advanced Boys Nan Quan
487	Advanced Girls Nan Quan

Weapon Forms

488	Beginner Boys Long
489	Beginner Girls Long
491	Beginner Boys Short
492	Beginner Girls Short
494	Beginner Boys Other
495	Beginner Girls Other
497	Intermediate Boys Long
498	Intermediate Girls Long
500	Intermediate Boys Short
501	Intermediate Girls Short
503	Intermediate Boys Other
504	Intermediate Girls Other
506	Advanced Boys Long
507	Advanced Girls Long
508	Advanced Boys Short
509	Advanced Girls Short
501	Advanced Boys Other
511	Advanced Girls Other

WUSHU Wushu Adults (ages 18 & over)
Hand Forms

536	Beginner Men
537	Beginner Women
539	Intermediate Men Chang Quan
540	Intermediate Women Chang Quan
542	Intermediate Men Nan Quan
543	Intermediate Men Nan Quan
545	Advanced Men Chang Quan
546	Advanced Women Chang Quan
547	Advanced Men Nan Quan
548	Advanced Women Nan Quan

Weapon Forms

549	Beginner Men Long
550	Beginner Women Long
552	Beginner Men Short
553	Beginner Women Short
555	Beginner Men Other
556	Beginner Women Other
558	Intermediate Men Long
559	Intermediate Women Long
561	Intermediate Men Short
562	Intermediate Women Short
564	Intermediate Men Other
565	Intermediate Women Other
567	Advanced Men Long
568	Advanced Women Long
569	Advanced Men Short
570	Advanced Women Short
571	Advanced Men Other
572	Advanced Women Other

PUSH HANDS (18 & over)
Fixed Step

781	Men < 145 lbs
782	Men 145-175 lbs
783	Men 176-205 lbs
784	Men > 205 lbs
785	Women < 125 lbs
786	Women 125-150 lbs
787	Women > 150 lbs

Restricted Step

780	Men < 145 lbs
781	Men 145-175 lbs
782	Men 176-205 lbs
783	Men > 205 lbs
784	Women < 125 lbs
785	Women 125-150 lbs
786	Women > 150 lbs

Free Style

789	Men < 145 lbs
790	Men 145-175 lbs
791	Men 176-205 lbs
792	Men > 205 lbs
793	Women < 125 lbs
794	Women 125-150 lbs
795	Women > 150 lbs

PARTNER FORMS (all ages)

798	Beginner Hand
799	Advanced Hand
800	Beginner Weapons
801	Advanced Weapons

805 SWORD FENCING

CHI SAO

808	Men
809	Women

TAI CHI Tai Chi Hand Forms
Adults (ages 18-45)

701	Beginner Men
702	Beginner Women
704	Advanced Men Chen Style
705	Advanced Women Chen
706	Advanced Men Yang Style
707	Advanced Women Yang Style
708	Advanced Men Wu Style
709	Advanced Women Wu Style
710	Advanced Men Other Style
711	Advanced Women Other Style

Weapon Forms

712	Beginner Men
713	Beginner Women
715	Advanced Men Sword
716	Advanced Women Sword
717	Advanced Men Other Weapon
718	Advanced Women Other Weapon

Adults (46 & over)

721	Beginner Men
722	Beginner Women
724	Advanced Men Chen Style
725	Advanced Women Chen
726	Advanced Men Yang Style
727	Advanced Women Yang Style
728	Advanced Men Wu Style
729	Advanced Women Wu Style
730	Advanced Men Other Style
731	Advanced Women Other Style

CONTINUOUS SPARRING
For the safety of all competitors, weight limits will be enforced.
Fighters will be matched with the nearest weight within each age group.
Kids: 40-70 lbs
Juniors: 75-105 lbs
Teen Boys: 100-200 lbs
Teen Girls: 90-150 lbs

Kids ages 6-8

811	Beginner Boys
812	Beginner Girls
813	Intermediate Boys
814	Intermediate Girls
815	Advanced Boys
816	Advanced Girls

Juniors 9-12

819	Beginner Boys
820	Beginner Girls
821	Intermediate Boys
823	Intermediate Girls
824	Advanced Boys
825	Advanced Girls

Teens 13-17

828	Beginner Boys
829	Beginner Girls
830	Intermediate Boys
831	Intermediate Girls
832	Advanced Boys
833	Advanced Girls

Beginner Adults (18-50)

836	Men 100-145 lbs
837	Men 146-165 lbs
838	Men 166-185 lbs
839	Men 186-210 lbs
840	Men 211 lbs & over
841	Women 90-110 lbs
842	Women 111-130 lbs
843	Women 131-150 lbs
844	Women 151-170 lbs

Intermed. Adults (18-50)

847	Men 100-145 lbs
848	Men 146-165 lbs
849	Men 166-185 lbs
859	Men 186-210 lbs
851	Men 211 lbs & over
852	Women 90-110 lbs
853	Women 111-130 lbs
854	Women 131-150 lbs
855	Women 151-170 lbs

Advanced Adults (18-50)

858	Men 100-145 lbs
859	Men 146-165 lbs
860	Men 166-185 lbs
861	Men 186-210 lbs
862	Men 211 lbs & over
863	Women 90-110 lbs
864	Women 111-130 lbs
865	Women 131-150 lbs
866	Women 151-170 lbs

ADULT SANDA/SAN SHOU
(Ages 18-45 - Amateur Only)
Beginner: 4 or fewer fights
Advanced: 5 or more fights

910	Beginner Men
920	Advanced Men
930	Beginner Women
940	Advanced Women

TEEN SANDA/SAN SHOU

870	Boys (ages 14-15)
880	Girls (ages 14-15)
890	Boys (ages 16-17)
900	Girls (ages 16-17)