

### CONTINUOUS SPARRING\*

**Kids: minimum 40/maximum 70 pounds**

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**Juniors:** minimum 55/maximum 135  
**Teen Boys:** minimum 100/maximum 200  
**Teen Girls:** minimum 90/maximum 160  
**Men:** minimum 100/maximum 250  
**Women:** minimum 90/maximum 170

### Little Dragons (ages 6 & under)

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## 1 Beginner Boys

## 2 Beginner Girls

703 Intermediate Boys

4 Intermediate Girls  
7 Advanced Boys

705	Advanced Boys
706	Advanced Girls

**Kids (ages 7-9)**

9 Beginner Boys

710 Beginner Girls

### 1 Intermediate Boys

712 Intermediate Girls

## 3 Advanced Boys

4 Advanced Girls  
Juniors (ages 10-12)

717 Beginner Boys

7	Beginner Boys
8	Beginner Girls

719	Beginner Girls
719	Intermediate Boys

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