

## ICMAC 2024 TOURNAMENT NOTES

**Divisions with fewer than 5 competitors** may be combined. You must register for all divisions at the same age and skill level. For example, if you enter Advanced hand forms, you cannot enter Beginner weapons. If you enter Juniors, you cannot also enter Teens.

**Skill Levels. Where 4 levels:** Novice (less than 1 year of martial arts training); Beginner (1 to 2 years); Intermediate (2 to 4 years of training); Advanced (more than 4 years of training). **Where 3 levels:** Beginner (less than 2 years of training); Intermediate (2 to 4 years of training); Advanced (more than 4 years of training). **Where 2 levels:** Beginner (less than 3 years of training); Advanced (3 or more years of training).

**Time Limits:** See [kungfuchampionship.com/rules/#Rules8](http://kungfuchampionship.com/rules/#Rules8) for time limits for forms.

**Grand Champion** competition is for Advanced Forms only. Competitors must register before May 28, 2024, check the GRAND CHAMPION box on the entry form, and attend the Awards Ceremony in uniform. \$50 fee per category (up to 2 categories permitted). See [kungfuchampionship.com/grand-champion](http://kungfuchampionship.com/grand-champion) for requirements. Prize money will be awarded only in categories with at least 3 competitors.

**Traditional Northern Hand Forms** include Long Fist styles such as Eagle Claw, Mizong, Cha Quan, Hua Quan, and Northern Shaolin. **Northern Other** (for Traditional 18-35 competitors) includes styles such as Praying Mantis, Fanzhi, Bajie, Pigua, Tongbei, and Snake. Traditional Northern and Traditional Other forms must not have more than two acrobatic techniques.

**Open Hand Divisions** are for any hand form that has more than two acrobatic techniques (such as Butterfly Kicks, Cartwheels, Aerial Cartwheels, Kip-ups, Front and Back Handsprings, and Splits). If your hand form contains more than one acrobatic technique, you must enter the appropriate Open Hand division. Open division forms DO NOT qualify for Grand Champion.

**Traditional Southern** includes Choy Li Fut, Hung Gar, Hop Gar, Jow Gar, Southern Dragon Fist, Pak Mei, Wing Chun, Five Ancestors Fist, and similar styles.

**Wushu** will be run under ICMAC Rules. This is not an IWUF competition.

**Long Weapons** are Staff and Spear. **Short Weapons** are Straight Sword and Saber (Broadsword). **Other Weapons** are double, flexible, and all other weapons except sword, saber, staff, or spear. Traditional Weapons must sustain their own weight when placed on end. Wushu Weapons are not permitted in Traditional divisions. Tai Chi Weapons are not permitted in Other Internal divisions.

**Standard Tai Chi forms 24, 42, and 32 Sword**, are performed to completion (no time limit). These forms MAY NOT be performed in other Tai Chi divisions and DO NOT qualify for Grand Champion.

**Partner Forms:** Both partners must register and perform either an empty hand form or a weapon form. Maximum time 2 minutes. Must register by June 21, 2024.

**No Onsite Registration for Sparring, Push Hands, Chi Sao, Point MMA, and other reaction skills.** You must register for these events by June 21, 2024. Brackets for Sparring, Push Hands, and other reaction skills are based on your weight and height as given on your entry form. For rules and protective equipment, see [kungfuchampionship.com/rules](http://kungfuchampionship.com/rules).